

Program Curriculum

Core Counseling Curriculum (33 credit hours)

- COU 601 Legal and Ethical Issues in Counseling (3)
- COU 610 Counseling Diverse Populations (3)
- COU 620 Human Development (3)
- COU 630 Career Counseling (3)
- COU 640 Counseling Techniques (3)
- COU 641 Theories in Counseling and Psychotherapy (3)
- COU 650 Theories and Practice of Group Counseling (3)
- COU 660 Assessment and Evaluation in Counseling (3)
- COU 670 Diagnosis of Emotional & Mental Disorders (3)
- COU 675 Substance Abuse and Addictions (3)
- COU 680 Research Methods and Program Evaluation (3)

Mental Health Counseling (12 credit hours)

- COU 600 Orientation to Clinical Mental Health Counseling (3)
- COU 671 Treatment Planning in Counseling (3)
- COU 674 Crisis Counseling and Crisis Intervention (3)
- COU 642 Counseling Families and Couples (3)

Clinical Experiences (Mental Health) (9 credit hours)

- COU 690 Clinical Mental Health Practicum (3)
- COU 691 Internship - Mental Health (1-12; 6 credits required)

Electives (6 credits)

Total Credit Hours for Mental Health: 60

Elective Options (not available every semester)

- COU 575 Mindfulness
- COU 594 Grief Across the Lifespan
- COU 602 Data-Driven Comprehensive School Counseling
- COU 621 Counseling Children & Adolescents
- COU 622 Crisis Intervention in Schools
- COU 654 Counseling Services in the Schools
- COU 678 Counseling Supervision
- COU 673 Counseling At-Risk Populations

Dual Degree: M.S. in Clinical Mental Health Counseling and M.A. in School Counseling

- Counseling Core: 33 credit hours
- Mental Health Counseling: 12 credit hours
- School Counseling: 12 credit hours
- Practicum (COU 690 or 693): 3 credit hours
- Internship Mental Health: 6 credit hours
- Internship School: 6 credit hours

Total: 72 hours

Dual Degree Program

Full-Time Schedule

Year One

- Fall
 - 601
 - 600/602
 - 660
- Spring
 - 680
 - 641
 - 675
- Summer
 - 610
 - 620
 - 630

Year Two

- Fall
 - 640
 - 670
 - 600/602
- Spring
 - 690
 - 622/671
 - 650
- Summer
 - 674
 - 621
 - 691

Year Three

- Fall

- 654
 - 691
 - 642
- Spring
 - 692*2
 - 622/671